

# CHILD DEVELOPMENT CLASSES-FALL 2021

Attention Sunshine Coast Parents & Child Care Providers!  
The following 6 week classes will be offered this Fall:

## Circle of Security

*(for caregivers of children 0 – 6)*

Circle of Security supports you to:

- Strengthen relationships
- Recognize & make sense of behaviour
- Meet childrens' needs by being bigger, stronger, wiser and kind

Wednesdays beginning September 29th at 8:00pm

Offered Virtually via Zoom

## Being Present Parenting

*Find your inner calm in the chaos*

Develop skills to respond less reactively & cultivate compassion for ourselves & our children.

Wednesdays beginning September 29th

11:00 am - 12:30 pm

In person at the Sechelt Learning Centre



## Positive Discipline ('P.D.')

*(for parents with children 2 & up)*

### Level 1 - Introduction to P.D.

Learn tools to encourage children to think for themselves, become more responsible and have greater respect.

Tuesdays beginning September 28th

8:00 pm - 9:00 pm

Virtually via ZOOM

or

Wednesdays beginning September 29th

9:00 am - 10:30 am

In Person at the Sechelt Learning Centre

### Level 2 - Take a deeper dive into P.D.

Learn more tools for building relationship, communicating effectively and gaining cooperation.

Wednesdays beginning September 29th

12:00 pm - 1:30 pm

In Person at Gibsons Elementary School

\*\*\*LIMITED CHILDMINDING MAY BE AVAILABLE \*\*\*REGISTRATION BEGINS SEPTEMBER 7, 2021

REGISTER ONLINE AT:

[HTTPS://EARLY-LEARNING.SD46.BC.CA/REGISTER-NOW/](https://early-learning.sd46.bc.ca/register-now/)