

Sunshine Coast Child Care and Community Connections



Fall 2021 Newsletter

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Having fun at our Nature and Nurture Workshop at The Family Place—story on page 9.

CCRR Contact Info:

Sechelt Office: 604-885-5657

Gibsons Office: 604-886-3103

coastccrr@scss.ca

Hours of Operation:

www.coastccrr.ca/contact-hours



[Facebook page](#)

Funded by the Province of BC



Sunshine Coast
Community Services

Caring since 1974

Happy Fall!

We hope everyone is well after what seemed like a very busy summer here on the Sunshine Coast. I know it was for us! Our CCRR library visits were substantially higher than usual this summer, as was attendance at all of the drop-in programs at the Family Place. We've met so many new families in the last few months and have many new members to our program. Hello to you!

We would like to welcome a new outreach worker to our program, Elspeth Nicholson. We are thrilled to have her as part of our team! See below for her introduction.

As we head into Fall we are gradually starting to host more in-person workshops, and we have an exciting event booked for Thursday, October 7. It is an information evening for current and prospective child care providers that wish to become certified Early Childhood Educators. More information and registration details are on page 4. If anyone you know is interested in the child care field, send them our way!

Our child care Community of Practice starts up again on Thursday, September 30. This day is also National Truth and Reconciliation Day in Canada, so we will be exploring how we, as care providers, can honour this. We will also have a look at the First People's Principles of Learning from the BC Early Learning Framework. Child care providers please contact us if you are interested. We're a fun group!

Finally, just a quick note to let you know that we are offering outreach, pick-up and drop-off service to our members in Madeira Park. Nancy from our program travels to Madeira at least once a month, so please email her at ncarter@sccss.ca if you want to connect.

Tracy, Amy, Nancy and Elspeth

WELCOME ELSPETH!



I'm excited to have joined the Sunshine Coast CCRR! I bring to this position 30+ years of varied childcare experience and have spent the last 18 years running a childcare centre in Vancouver. I grew up here on the Coast and raised my family here. I moved away in 1998 and am happy to be calling the Coast home once again. Please be in touch with any administration, HR, or other childcare related questions you might have. One of my goals as I embark on this journey is to help with the lack of available childcare on the Sunshine Coast. Much of this stems from the lack of qualified ECE staff here, and we're hoping to help change that. Join us for our ECE info night coming up on Oct 7 to learn about the funding available through WorkBC, along with other options available to get you started on your career as an Early Childhood Educator!

Sechelt CCRR is now open
Saturdays 10:00 a.m. –3:00 p.m.

CCRR Upcoming Holidays
All CCRR offices will be closed:

Truth and Reconciliation Day, Thursday September 30
Thanksgiving Day Monday, October 11
Remembrance Day, Thursday November 11

Office closure!

Please note that the CCRR Sechelt office will be closing one hour early on Thursday, October 7 in order to host the ECE/ECEA information evening.



The Joy of Exploring Potatoes

Potato Patch Kids at the Family Place Garden - Submitted by Denise Lagassé

One of the best discoveries this garden season, at The Family Place, is how fun and easy a potato patch can be. We grew our potatoes in three 5-gallon buckets with holes in the bottom, topping up the potatoes with dirt every 6 inches to develop more tubers.

With trowels, shovels and hands, children 11 months and older loved going through the dirt discovering these living edible treasures. They were especially intrigued by the tiny potatoes the size of peas, their sleuthing skills very adept at locating them. In the end there was a small paper bag of potatoes for our little friends to bring home.

Potatoes have actually been cultivated by people for 10,000 years, their origins being in the Andes Mountains. No wonder it is such a natural fit for children!

If you do not have a garden yet, potatoes actually break ground and can be the first thing planted to start a garden space. So here is to dreaming and planning for next year...



Visits with Child Care Providers - Outreach Support by Nancy Carter



During a recent outreach visit to Little Scholar's Child Care Centre, to drop off requested materials around the alphabet, I had the pleasure to do a small circle time singing songs and reading '*Chicka Chicka Boom Boom*' from one of our activity boxes. The children then delighted me with their alphabet knowledge.

I also enjoyed my time at Sunshine Coast Tiny Tots, having some fun reading and doing an experiment from our Colour Mixing Activity Box. We enthusiastically explored colour mixing, creating new colours and shades.

Please note that both of these resources available in our lending library.



Attention Child Care Providers! If your children have any areas of interest or you would like a visit and small circle time activity please contact Nancy at: ncarter@sccss.ca or call 604-885-5657.



Congratulations to RLNR child care provider Julie K. and CCRR general member Angie T. These two were the lucky winners of our Client Satisfaction Survey Draw. Each received a \$ 50 gift certificate to a local business of their choice.

Thanks to all who took the time to complete the surveys. The information we receive helps us plan future resources and events.



Upcoming Online Workshops and Training Opportunities

Are you interested in starting a career in Child Care? Do you know somebody who is? **Early Childhood Educator and Educator Assistant INFORMATION EVENING!**

Date: October 7, 2021, Time: 6:30 to 8:00 p.m. Cost: FREE

Place: Sunshine Coast Arts Centre building, 5714 Medusa St, Sechelt

Are you interested in a rewarding career working with young children? Join us October 7th, at 6:30pm for our Early Childhood Educator information evening. Learn what's involved in becoming qualified as an Early Childhood Educator. Find out about the different program options available and funding that you may qualify for, through WorkBC, and bursaries available from the Early Childhood Educators of BC. Programs are flexible and you can choose from part-time or full-time study, online or in-class, or a combination of both. Representatives from WorkBC and Capilano University will be on hand to provide information specific to their programs.

Snacks and refreshments will be served. 1.5 hour Pro-D Certificates will be provided.

Registration is required for this workshop. Call the CCRR at 604-885-5657 or email coastccrr@sccss.ca to register.

Making Sense of Anxiety in Children

Online workshop via Zoom

Date: Thursday, December 2, 2021, Time: 6:30 to 8:30 p.m. Cost: FREE

Facilitator: Colleen Drobot

There is currently an epidemic of anxiety affecting children which can take many forms including obsessions, compulsions, phobias, panic, physical illnesses, as well as a host of perplexing behaviours. Today's world can create many challenges for children with all they face, such as separation anxiety, peer interactions, family dynamics, negative self-image, perfectionism, and many other stressors that can impede a child's ability to learn and mature. Children with sensitivity, specific learning differences, or cognitive, emotional or physical challenges can be especially at risk for anxiety. Counsellor and educator Colleen Drobot will help make sense of the roots of anxiety using psychologist Dr. Gordon Neufeld's approach and will suggest ways in which educators can help support children to find rest and flourish.

Call the CCRR at 604-885-5657 or email coastccrr@sccss.ca to register and receive your Zoom link. 2 hour Pro-D certificates will be provided.



**BC Aboriginal
Child Care Society**

Registration is officially open for the Fall 2021 Fall Training Conference:

“Soaring Beside our Children with Dignity and Determination”

There are great workshops lined up and three amazing keynote speakers: Sue Sterling-Bur, Jo-ann Archibald and Cindy Blackstock.

[Download the program](#) or check out the BCACCS [webpage](#) for more information.

Registration closes September 20. Due to continuing pandemic conditions the event is online.

Upcoming Online Workshops and Training Opportunities (Continued)

Online Training Opportunities

These are just a few of the selections available on the [EARLY YEARS PROFESSIONAL DEVELOPMENT HUB](#)

Understanding the Emotional Needs of Young Children During a Pandemic, Surrey CCRR Online
October 14, 2021 6:30-8:30 p.m. <[Details here](#)>

Taking Time for Tears: Emotional Learning and Conflict Resolution, Tri-Cities CCRR Via Zoom
October 20, 2021 7:00-9:00 p.m. <[Details here](#)>

Hundred Languages of Children, Tri-Cities CCRR Via Zoom
November 3, 2021 7:00-9:00 p.m. <[Details here](#)>

Tears and Tantrums: Understanding Frustration and Aggression, Surrey CCRR Online
November 4, 2021 6:30-8:30 p.m. <[Details here](#)>

Express Yourself: Fine Arts Exploration for Young Children, Tri-Cities CCRR Via Zoom
November 6, 2021 09:30-11:30 a.m. <[Details here](#)>

Understanding Risky Outdoor Play in Childhood, Tri-Cities CCRR Via Zoom
November 17, 2021 7:00-9:00 p.m. <[Details here](#)>

Connection & Separation: Building a Child's Capacity to Separate, Abbotsford CCRR Online
November 23, 2021 6:30-8:30 p.m. <[Details here](#)>

Upcoming Responsible Adult Courses:

September 20-30, 2021 10:00 a.m. to 12:00 p.m.
North Shore Community Resources CCRR Via Zoom
Contact: Annette.maglier@nscr.ca
Phone: 604-982-3324

October 15-29, 2021 6:00 to 7:30 p.m.
Westcoast CCRR Via Zoom
Contact: pro-d@wstcoast.org
Phone: 604-709-5661 ext221

Start Your Own Business: Become a Registered Child Care Provider!

A Licence-Not-Required Child Care Provider (LNR) may care for two unrelated children, OR one sibling group, in addition to their own (blood, marriage, foster) at any one time.

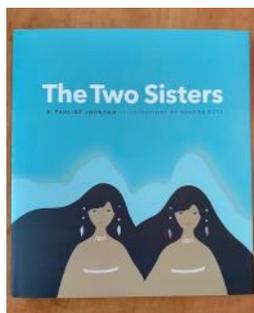
Registered LNRs have access to all CCRR services: child care referrals, resources, consultations, newsletters, toy lending library, funding to help you get started, workshops and more!

In addition, families eligible for the Affordable Child Care Benefit with a Registered LNR child care provider will receive a higher rate for children under 5 years of age.

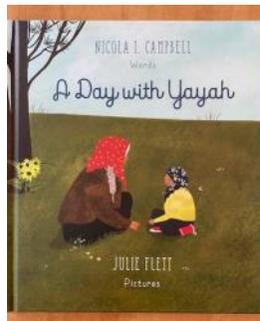
For more information, contact the Sunshine Coast Child Care Resource and Referral Program (CCRR).

PH: 604-885-5657 Email: coastccrr@sccss.ca www.coastccrr.ca

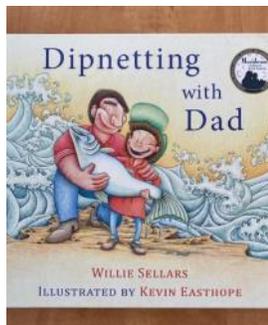
New to the CCRR Lending Library—Must Reads: We have wonderful new Indigenous literature in our children’s collection.



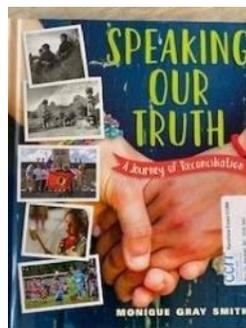
The Two sisters
A First Nations legend. The universal themes of creation, courage, and peace run through this legend of two little girls who grow up to be courageous young women who help to bring lasting peace to their world.



A Day with Yaya
A First Nations family goes out to forage for edibles in the woods. Grandmother passes down her knowledge of plant life. This picture book is set in the Nicola Valley, B.C.



Dipnetting with Dad
In his first book, Williams Lake Indian Band member Willie Sellars captures family values, the importance of storytelling, community living and coming of age in one of BC’s oldest cultures.



Speaking our Truth: A Journey of Reconciliation
by award winning author Monique Gray Smith. Readers will learn about the lives of survivors and listen to allies who are putting the findings of the Truth and Reconciliation Commission into action.



Introducing Our New LOOSE PARTS Section

We at the CCRR have added some loose parts treasure boxes for purchase in our Sechelt office.

“Loose parts” can be defined as natural or synthetic, found or upcycled materials that children can move, manipulate, control and change within their play.

From the book “Loose Parts” by Lisa Daly and Miriam Beloglovsky (available at the CCRR library):

“When children interact with loose parts, they enter a world of “what it” that promotes the type of thinking that leads to problem solving and theoretical reasoning. Loose parts enhance children’s ability to think imaginatively and see solutions, and they bring a sense of adventure and excitement to children’s play.”

All of our loose parts are assembled from recycled materials and are available for \$ 2 a box.

NOTICE TO LIBRARY USERS!

New Policy!

We have changed our borrowing policy as follows:

Each family is permitted to borrow 5 items from our lending library at a time. This does not include books or felt stories, which do not have limits at this time. These changes do not apply to child care providers.



Child Care Administration Corner

Westcoast Child Care Resource Centre is now offering an online 12 hour self-guided version of their popular Administration & Management for Child Care Course for child care leaders. It's ideal for people who thrive in a self-led environment, including experienced leaders who are looking to improve or expand on their program's operations, as well as new students who want the most current learnings related to child care in BC.

The course offers 12 hours of professional development for the very reasonable fee of \$ 200.

Here are some benefits:

- Learn online at your own pace
- Study from anywhere
- Reflection questions & exercises to help you tailor the learnings to your own program.
- Module quizzes to check learning
- 12 hour professional development certificate

Includes access to Westcoast's Knowledge Base, full of tools and resources to support putting learning into practice in your Centre. [CLICK HERE](#) for more information.

**NOW
HIRING**

Child Care Job Postings

Serendipity Child Development Society, Madeira Park

Position: ECE Educator/Assistant, Support Worker & ECE Educator relief on-call

Qualifications: Valid ECE License, First Aid, Current food safe certificate, references

Contact: Please email cover letter and resume to managerserendipity@gmail.com

Esprit Daycare - Gibsons

Position: Supervisor - Infant Toddler Program

Qualifications: Valid IT, ECE license, First Aid Certificate, criminal record check, references

Application: Please forward cover letter and resume to Jenn Braun at sctpes@telus.net or or call 604-886-7739

Little Scholars Child Care - Sechelt

Position: Full Time Scholars after school program, for 20 hours per week.

Requirements: Responsible Adult Certificate, or ECEA. Teaching experience in specific pedagogies is a plus. Class 4 Drivers License needed to pick up children after school.

How to apply: Send a cover letter and resume to sherri@secheltdaycare.com with the subject line "Childcare Teacher Application" or phone 604 740-1969

Huckleberry Coast Childcare Centre

Position: ECEA substitute

Description: Looking for an individual passionate about Early Years Education. Dedicated, dependable, and able to work as a team player.

Requirements: First Aid level C (or willing to train)

Contact: submit resumes to: huckleberrycoast@gmail.com

Halfmoon Bay Childcare Centre

Position: ECE, Part-time position (with potential for expansion to a full-time position)

Requirements: Current first-aid and criminal record search required.

Contact: Send resumes to Jenn at hmbchildcarecentre@gmail.com

Sunshine Coast Child Care Community of Practice

During the last year, we at the CCRR hosted an online Community of Practice sessions for all of our care providers. Each session took place on the last Thursday of the month between 6:30 and 7:30 pm.

Lead by our empathetic, creative facilitator Lauri Paul, our discussions ran the gamut. A small group of us engaged in the wonderful, the unfamiliar, the uncomfortable, the joyous, the brilliant and the mediocre. We reflected on our own practices and got a chance to learn about others' practices as well.



We used BC's Early Learning Framework as a lens through which we could view ourselves and our work.

It's time to start up our Community of Practice again for the Fall, with our first session on **Thursday, September 30**. All child care providers on the Sunshine Coast are welcome to join, regardless of experience, education, or years in the field.

Here is what it takes to build our Professional Community of Practice here on the Sunshine Coast:

- An interest in professional development and enhancing understanding.
- Willingness to reflect on your own professional practice.
- Challenge and question existing beliefs.
- Support colleagues by listening, being open, positive, respectful.
- Sharing in discussions honestly, openly and courageously.

We recognize the passion and love you bring to your ECE practice and we honour and respect your commitment to living inspired and serving children, families and your community. Please join us. We are stronger, wiser, healthier and happier together.

Contact us at 604-885-5657 or arobinson@scss.ca to register and receive the Zoom link. Each participant will receive a 1 hour professional development certificate for each session.



Early Childhood
Pedagogy Network

A New School Year in Community
Janet Lacroix

At the end of August, ECPN pedagogists from across British Columbia gathered online to immerse ourselves in a week of intensive training to prepare for the upcoming school year. It was wonderful to deeply engage as a collective after the slower pace of summertime and to feel the renewed excitement about continuing our work with early childhood educators in our communities. ECPN Co-Directors and guest speaker presentations, alongside shared readings, provoked lively discussions that focused on curriculum inquiry, project work, pedagogical narration, and pedagogical commitments.

During the pedagogists' August curriculum intensive we thought about the landscape of our pedagogical commitment, a land in which there is no finite end, and considered what such an infinite landscape does to the landscape of curriculum (Aoki, 1993 in Pinar & Irwin, 2005). We examined curriculum as a space of dialogue, a space for making things together, and as a living inquiry wherein new ways of knowing, being, and doing together are created in the name of "respectfully living and learning together" (Government of British Columbia, 2019, p. 12).

While working virtually through a pandemic was difficult in many ways, it also created new possibilities for pedagogists and educators to engage together (e.g., at flexible times, from flexible locations), which in turn created opportunities to collectively think differently in our ECE work, to try out new ideas and practices, and to see what is produced through our intentional pedagogical work together. I am very much looking forward to the year ahead working with early childhood educators in the Sunshine Coast Community.

For more information email jlacro@uwo.ca Find us on Twitter @EcpnBc <https://www.ecpn.ca/> <https://www.facebook.com/ECPNBC>

References: Aoki, T. T. (1993). Humiliating the cartesian ego. In W. F. Pinar & R. L. Irwin (Eds.), *Curriculum in a new key: The collected works of Ted T. Aoki*. Routledge.
Government of British Columbia. (2019). *British Columbia early learning framework*.



Nature and Nurture Workshop

We hope that all our participants felt nurtured and cared for at the end of our Nature and Nurture workshop. We sure did!

We gathered on Saturday, July 17 in the garden at the Family Place. Star gardener, Denise Lagasse opened the workshop by leading collective drumming and song. We then went on to discuss the idea of space and environment, and how our immediate environment (whether it be inside or outside, natural or constructed by humans) is not only a container that holds our experiences, but a living, breathing partner in our learning experiences.

From the BC Early Learning Framework:

Children construct meaning as they engage with materials, other children and adults, the environment, the community, and the world. Objects, space, place, rhythms, rituals, gestures...these are all interconnected and participate in the interactions and inquiries that emerge in early care and learning. (p. 75)

Denise went on to guide us through the process of planting a herb planter that included rosemary, lemon thyme, chocolate mint, chives and oregano.

We then enjoyed a fabulous home-made meal, prepared by Amy and Nancy from the CCRR. It felt good to share a meal together in our new outdoor space. There was even some spontaneous dancing after lunch!

It was gratifying to come together after being apart for so long.



The Family Place—New Fall programs!

The Sechelt Family place brings together drop-in family resource programs like Bellies & Babies and Parent-Tot Drop-In with Child Care Resource and Referral (CCRR), plus provides parents access to information, workshops, including resources and referrals to childcare and community supports.

Upcoming Fall programs:

Cooking workshop: September 29, 2021 via zoom 1:30-3:30 p.m. Join us on zoom and cook an amazing meal together. We will provide all the ingredients you need prior to class. Register required.

Ukulele Beginner's class: October 7th -November 8th 10:00-11:30 a.m. This free four-week class for parents and caregivers will be held at the Family place. Call to register. Limited ukuleles available.

Infant Massage: The Family Place, October 19-November 16th 10:00-11:00 a.m.
Gibsons Rec Center, October 18-November 15 10:00-11:00 a.m.

Prenatal Breast Feeding group: September 18th and 24th 12:30-2:30 p.m. Connect with other expecting woman and prepare for your breastfeeding journey in this set of 2, two-hour classes facilitated by a certified breastfeeding counselor. Free to attend. Gibsons Rec Centre.

For more information or to register for these programs, please contact Shirley French at 604-865-1108 or sfrench@sccss.ca

The Family Place Butterfly Garden



In July, Pat Kolterman (pictured in the blue t-shirt), who works with the Butterflyway Project, planted a bee and butterfly-friendly garden at the Family Place. The Butterflyway Project, an initiative of the David Suzuki Foundation, is a citizen-led movement growing highways of habitat for bees and butterflies across Canada, one butterfly-friendly planting at a time. The project aims to help people step up efforts to help pollinators find food and shelter. Pat secured funding for three yards of soil and plants to contribute to the garden through the neighbourhood small grants program. Volunteers helped move soil to the site, and Pat planted the beautiful plants, including an apple tree sapling donated by one of our mums. Thank you, Pat, for bringing a butterfly garden to our space and to our wonderful volunteers and staff who contributed to making this friendly home for bees and butterflies!

Fresh Food Market at Family Place

Thanks to Chris Hergesheimer, Food Programmer at Sunshine Coast Community Services, there has been a fresh food market tent set up in our family place parking lot every Thursday afternoon for most of the summer. With support from local farmers, this “pay what you can” market offered gorgeous, affordable fresh produce to members of our community.

Chris and local volunteers were on hand to chat about healthy eating and the importance of our local food system. It was an amazing, well-used service, and will most likely return next summer.



Dr. Chris Hergesheimer

The role of the Food Programmer is to provide leadership in the implementation and the planning of our new food hub vision, which will include developing resources and implementing workshops, education tools and policy in the areas of food access, food knowledge and healthy eating while building the capacity of participants and volunteers.

Chris is a passionate food advocate, researcher and food sovereignty scholar. He has lived on the Coast for the past 16 years and includes ex-flour miller, active local musician, published author and community activist amongst his many experiences! Chris comes to SCCSS with new ideas, fresh perspective, and extensive knowledge about local food systems, and we couldn't be happier to have him on board!



Sunshine Coast
Community Services
Caring since 1974

Bellies and Babies Parent-Tot Drop-In

FALL SCHEDULE

| LOCATION | GIBSONS | SECHELT |
|-----------|---|---|
| ADDRESS | COMMUNITY CENTRE 700 Park Road | Family Place 5520 Trail Ave |
| MONDAY | Bellies & Babies 11 am-1 pm | Parent-Tot Drop-In 9:30 am -11:30 am |
| TUESDAY | | Bellies & Babies 11 am - 1 pm |
| WEDNESDAY | Parent-Tot Drop-In* 9:30 am - 11:30 am at Dougal Park | Parent-Tot Drop-In 9:30 am -11:30 am |
| THURSDAY | Parent-Tot Drop-In 9:30 am - 11:30 am | Parent-Tot Drop-In* 1 pm - 3 pm |
| FRIDAY | Parent-Tot Drop-In 9:30 am - 11:30 am | |
| SATURDAY | Parent-Tot Drop-In Big Play reopens October 9 9:30 am -11:30 am | |

NEW IN SEPTEMBER!

Upper Coast Bellies & Tots

September 17

October 29

November 26

at Sarah Wray Hall, 4334 Irvines
Landing Rd, Garden Bay

*Sessions will continue to meet outside until September 13 or when weather dictates. All indoor locations have dry outdoor play/program space for those who prefer to access programs but stay outside. Follow us on **Facebook** for updates at:

Bellies and Babies/Parent Tot Drop In (Sunshine Coast, BC)

For more information, please contact Shirley
604-865-1108 or email: sfrench@sccss.ca

Child Care Resource & Referral 2021-2022 Fiscal Highlights

"CCRR was always willing and helpful when I had my Licensed Family daycare! Now that I am working in a group daycare I still feel as fortunate to be a member as I know you are all still willing to help and encourage when needed. Thank you!"

Educator, Interior Region

"I felt very isolated and alone due to Covid. Our weekly zoom Mother Goose class made me feel connected, and your calm presence always made me feel less stressed. The songs we learned in Mother Goose are ones we'll be able to sing for the rest of his childhood."

Parent, Vancouver Coastal Region

"Thank you so much, it is nice to be able to talk to someone face to face, not wait on the phone when you just don't understand these ACCB forms."

Parent, Fraser Region.

"At the start of the pandemic, The CCRR offered on-line workshops, enabling me to renew my license to practice. How do I say Thank You?"

Educator, Vancouver Island Region

"Indispensable. I spend a lot of time on education and the CCRR program staff provides me with the tools I need to stimulate the children and help them become creative little beings."

Educator, North Region

The CCRR Program supports BC families and child care educators. Funded by the Ministry of Children and Family Development we are proud to increase access for families to child care, community services and Government programs, and increase the quality of child care through training and resource support.

These fiscal highlights illustrate the impact CCRRs have on BC families and child care educators.

8,120

Lending Library borrowers

175,586

Child Care Referrals

Families: 8,344 Providers: 5,353

Affordable Child Care Benefit Assistance

1,940

Training Opportunities

28,119

Training Participants

56,068

Community Referrals



The CCRR is honored to link families and child care providers to all local community services. We acknowledge with gratitude and honor that we live, play, and work on the lands of First Nation Peoples who are the original hosts and caretakers of this land.