

Attention Sunshine Coast Parents! The following classes will be offered this Fall:

Circle of Security

(for parents with children 0 – 6)

Circle of Security™ Parenting is an opportunity to join other parents, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behaviour
- Meet your child's needs by being bigger, stronger, wiser and kind

The following 8 week classes will be offered in the

Gibsons Early Years Centre

Tuesdays

9:15 – 10:45 am beginning Nov. 14, 2017

12:30 – 2:00 pm beginning Nov. 14, 2017

6:30 – 8:00 pm, beginning Oct. 10, 2017

Sechelt Early Years Centre

Wednesdays

9:00 – 10:30 am beginning Nov. 15

10:30 – 12:00 noon beginning Nov. 15

Limited childminding may be available



Early Years
Centre



Sunshine Coast
Early Years Council



Success By 6
Helping all children succeed for life.
Credits of BC
United Way



Sunshine Coast
Community Services
Caring since 1974



vancouver
Coastal Health
Promoting wellness. Ensuring care.



Sunshine Coast Credit Union

Together, we enrich lives.



Happily Ever After Kids

(for parents with young children)

This workshop provides couples with the tools to create a strong happy family unit in which children thrive. The information provided is research based and tested. This program offers evidence-based information that gives families valuable, tangible information in a fun and interactive format.

Couples will learn:

Growing Together – how your relationship satisfaction affects the kids.

Strong Family Foundation – strengthening your friendship.

Learn how to create a home filled with positivity, fondness, and admiration.

Managing Stress and Conflict— Learn how to decrease

relationship stress, regulate conflict and get a conversation back on track, to find a win/win solution.

Intimacy and Romance – preserving, protecting and making it a priority.

Happily Ever After - learn the characteristics of a magical relationship, what happens to kids when the magic lasts and how to make the magic last.

The following 6 week class will be offered in the

Gibsons Early Years Centre

Thursdays

6:30 – 8:30 pm beginning Oct. 19, 2017

Limited childminding may be available

Positive Discipline

(for parents with children 2 & up)

Positive Discipline offers parents long-term skills that will encourage their children to think for themselves, become more responsible and have greater respect for themselves and others. The teachings of Positive Discipline are filled with non-punitive, respectful tools that incorporate both kindness and

firmness, help parents get to the core of their child's misbehaviour, and bring more joy into the home.

The following 7 week classes will be offered in the

Sechelt Early Years Centre

Wednesdays

6:00 – 8:00 pm beginning Oct. 11, 2017

Limited childminding may be available

REGISTRATION BEGINS

SEPTEMBER 29, PHONE THE CCRR

AT 604-885-5657

REGISTRATION DEADLINE: ONE

WEEK BEFORE CLASS IS

SCHEDULED TO BEGIN